



**TEXAS LAWYERS'
ASSISTANCE PROGRAM
1-800-343-TLAP**

REMOTE WELL-BEING WEDNESDAY



Special Guest: Laurie Besden

Executive Director of LCL of Pennsylvania, Inc.

TOPIC: Staying Healthy, Serene, and Sober During Covid-19

12NOON – 1:00PM CST

April 15, 2020

Zoom link: <https://zoom.us/j/559673278>

Coming up next: April 22, 2020

“How to Handle Anxiety During the Coronavirus Epidemic”

Special Guests: Eric Wood, MA LCAC, Clinical Case Manager, Indiana JLAP, and

Anna Levine, Executive Director of Lawyers Concerned for Lawyers, Inc. of

Massachusetts.